

# Holiday Ham Raffle Run

Sponsored by



Race Start: Saturday December 20<sup>th</sup> at 2:00 pm

Location: Malibu Fitness, 15 Executive Drive, Farmington, CT, 06032

Entry Fee:

- \$15 Malibu/HEAT Member + Raffle Food Item
- \$20 Malibu/HEAT Member
- \$20 General Entry + Raffle Food Item
- \$25 General Entry

Make check payable to: *Malibu Fitness*

**Race Day Registration Accepted 1:00-1:30 pm**

A portion of the proceeds will benefit Salvation Army

Please join us for the inaugural **Malibu Fitness and HEAT Holiday Ham Raffle Run**. Run a 0.7 mile loop starting from Malibu Fitness. Each time you pass the start/finish line, you'll receive a raffle ticket. Run as many loops as you can in 40 minutes and then turn those raffle tickets in for a chance to win prizes. The more loops you run, the more chances you'll have to win. Show up with some tasty (chocolates, pie), healthy (fruit), or a little bizarre (5 lb sack of potatoes) treats to add to the raffle pile for a \$5 race entry discount. The chance is good that you'll head home with something besides a good workout and enjoyable company. Plus we'll raffle off three holiday hams.

Check us out on the web:

[www.malibufitness.us](http://www.malibufitness.us)

[www.ctheat.org](http://www.ctheat.org)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Gender \_\_\_\_\_ Birthdate \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Email Address \_\_\_\_\_

**Waiver and Release:** I know that running a road race could be a hazardous activity and that I should not run unless I am medically able and properly trained. I ASSUME ALL RISKS ASSOCIATED WITH RUNNING THE HOLIDAY HAM RAFFLE RUN, INCLUDING BUT NOT LIMITED TO FALLS, TRAFFIC AND CONDITIONS OF THE ROAD, ALL SUCH RISKS BEING KNOWN AND APPRECIATED BY ME. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf, hereby waive and release the Holiday Ham Raffle Run committee, Malibu Fitness, HEAT, the Town of Farmington and all sponsors, volunteers and providers of services to the race, their representatives and successors from all claims or liabilities of any kind arising out of my (or entrants) participation in this event even though the claim or liability may arise out of negligence or carelessness on the part of any person named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature of parent or guardian if entrant is under 18 years old)